



# Orientation Meeting One

## Health Forms Information

### Background

Every year, delegates travel on People to People Ambassador Programs with a variety of medical conditions and/or allergies. People to People Ambassador Programs is committed to helping every delegate participate in a program. The vast majority of medical situations do not prevent students from traveling, as long as students are able to self-regulate their conditions. People to People Ambassador Programs has staff dedicated to providing the means for students with health conditions to travel.

In order for People to People Ambassador Programs to make accommodations for a student with a condition while traveling, the program office must be aware of the student's medical condition or allergy. People to People Ambassador Program's health forms are designed to help each family make the program office aware of their child's medical needs.

### Guidelines for delegates traveling with medical conditions:

- Every delegate is required to turn in a health form.
- A delegate must be able to independently handle any required medications, injections, or other treatments without supervision or reminders. Due to liability, teacher leaders cannot hold or administer recurring medication or treatment.
- Delegates with medical alert jewelry must wear it at all times during the program.
- Delegates must bring enough prescription or over-the-counter medication to last the duration of the program.
- Please be sure to list all dietary requirements, including allergies, on the Health Form. People to People Ambassador Programs will communicate any dietary requirements or needs with our World Wide Partners overseas. Delegates with dietary allergies must inspect all food for ingredients related to the allergy and communicate with Delegation Manager to ensure the food they are eating does not contain anything they are allergic to. If a delegate has a food allergy, we do suggest that delegates bring meal-replacement kits, snacks, and additional spending money so they are always prepared, regardless of the situation.

People to People Ambassador Programs successfully travel delegates who are protected under the Americans with Disabilities Act (ADA) and work diligently to provide reasonable accommodations whenever possible, and as required by law, to allow any person with a qualified disability, the opportunity to participate in our programs.

It is imperative that all health forms are accurate and submitted in a timely manner in order to ensure the best support for your child. If there are changes once the health form is submitted, please contact your leader AND the Health and Safety team. All medical information that is disclosed will be kept in complete confidentiality, available only to delegation leaders to assist while on program.

If you have any questions related to the collection of medical information, please feel free to contact the Health and Safety team at 1.800.669.7882 ext. 7555 Monday through Friday 8:00 a.m. to 5:00p.m. PST or via email [healthandsafety@peopletopeople.com](mailto:healthandsafety@peopletopeople.com)